

Survival Week

Week 4

July 11th to July 15th 2016

8am CHECKIN	Event	Monday	Tuesday	Wednesday	Thursday	Friday
8:15am - 8:45am	MORNING TRAINING	Circuit Training	Field Trip	Circuit Training	Relays and Foot work training	Forms and Sparring Training
8:45am - 9:30am	BREAK GAMES	Dodgeball Games	Field Trip	Dodgeball Games	Musical Chairs and Big Ball Bumping	Games
9:30am - 9:50am	Lectures / History / Activities	Games	Field Trip	Games	Morning Class	Games
10:00am - 1:30pm	Lunch Field Trips Subject to change due to weather	Lunch NO FIELD TRIP	Mt. Rainier (Leaving at 8am)	Bradley Park (Leaving at 11:30)	Frontier Park (Leaving at 10:15am)	Weekly Review
1:35pm - 3:30pm	Movie Time	Special Movie	Special Movie	Special Movie	Special Movie	Special Movie
4:00pm - 4:30pm	Class	AFTERNOON CLASS	Same	Same	Same	Same
4:35pm - 5:05pm	Class	AFTERNOON CLASS	Same	Same	Same	Same
5:10pm - 6:00pm	Class	LATE CLASS	Same	Same	Same	Same
6:00 PM	Pick up	Pick up (Dismissed)	Pick up (Dismissed)	Pick up (Dismissed)	Pick up (Dismissed)	Pick up (Dismissed)